



# Chiropractic Newsletter

## Discover Chiropractic

### Why Chiropractic Works

The effectiveness of chiropractic care for children has been a long-standing premise in the chiropractic profession, and clinical results supporting this have been obtained for years. With the establishment of the Kentuckiana Children’s Center by Lorraine Golden, D.C., in Louisville, Kentucky, clinical data became more organized and the cases more dramatic. The center accepted more serious cases for care, and achieved results.

Dr. Golden broke new ground in accepting serious cases— such as mental disability, cerebral palsy, Down syndrome, etc.— on a regular basis and getting positive results. She was chastised by the medical profession and, to some extent, even by the chiropractic profession.

Now, more than ever, both chiropractic and medical sources are using research to document both the need and the effectiveness of chiropractic care for children.

G. Gutmann, a German M.D., concluded in a paper published in 1987 in *Manuelle Medizin* that blocked nerve impulses at the atlas cause many clinical features, from central motor impairment to lower resistance of infections, especially in the ear, nose, and throat. He stated, “Chiropractic and radiological examinations are of decisive importance for diagnosis of the syndrome.” He further wrote that chiropractic can often bring about amazingly successful results.



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Dr. Gutmann reported examination and adjustment of more than 1,000 infants with atlas blockages or subluxations, including three case reports. One report describes an 18-month-old boy with early relapsing tonsillitis, frequent enteritis, therapy-resistive conjunctivitis, frequent colds and earaches, and increasing sleeping problems—fear of lying down or sleeping, falling from exhaustion, screaming during the night. After the first specific adjustment of the atlas, the child demanded to be put to bed and slept peacefully until morning. The conjunctivitis cleared completely, and his previously disturbed appetite returned to normal.

From this and other German medical studies, Dr. Gutmann concluded that approximately 80 percent of all children are not in autonomic balance and that many have atlas blockages or subluxations. He has been “constantly amazed how, even with the lightest adjustment with the index finger, the clinical picture normalizes, sometimes gradually, but often

immediately.”

He reported that his colleague, Viola Frymann, examined a random group of 1,250 babies five days postpartum and found that 211 suffered from vomiting, hyperactivity and sleeplessness. Manual examination revealed cervical strain in 95 percent of them. Release of this strain by specific manipulation “frequently resulted in immediate quieting, cessation of crying, muscular relaxation and sleepiness.”

Dr. Gutmann’s highly significant conclusions are:

1. “Observations of motor development and manual control of the occipito-atlanto-axial joint complex should be obligatory after every difficult birth.”
2. With any developmental impairment, this joint complex should be examined and, if required, specifically adjusted.

It is no longer conjecture whether children can be helped under chiropractic care. Chiropractic can change lives.

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